



Edward Balmer Elementary School

January 2017

2

NO SCHOOL

3

Meatball Melt
Chicken Nuggets, Roll
Steamed Carrots
Green Beans
Fruit
Milk

4

Grilled Cheese
Tomato Soup
Chicken Nuggets, Roll
Bean Salad
Squash
Fruit
Milk

5

Pancakes, Syrup
Sausage Patty
Chicken Nuggets, Roll
Baked Beans
Corn
Fruit
Milk

6

Cheese Pizza or
Pepperoni Pizza
Chicken Nuggets, Roll
Cucumber Slices
Carrots
Fruit
Milk

9

Pizza Sticks, Sauce
Chicken Fajita
Sliced Carrots
Peas
Fruit
Milk

10

Hot Dog & Beans
Chicken Fajita
Corn
Fruit
Milk

11

Cheeseburger
Chicken Fajita
Broccoli
Sweet Potato
Fruit
Milk

PROFESSIONAL
DEVELOPMENT DAY

12

Pasta, Meat Sauce
Dinner Roll
Chicken Fajita
Green Beans
Steamed Carrots
Fruit
Milk

13

Cheese Pizza or
Pepperoni Pizza
Chicken Fajita
Celery Sticks
Side Salad
Fruit
Milk

16

NO SCHOOL

Martin Luther King, Jr
Day!

17

Chicken Patty on Roll
Beef Tacos
Campfire Beans
Green Beans
Fruit
Milk

18

French Toast Sticks
Sausage Patty
Beef Tacos
Sweet Potato
Peas
Fruit
Milk

19

Chicken & Cheese
Nachos
Beef Tacos
Black beans
Corn
Fruit
Milk

20

Cheese Pizza or
Pepperoni Pizza
Beef Tacos
Carrot Sticks
Side Salad
Fruit
Milk

23

Chicken Fajita
Peppers & Onions
Hamburger on Roll
Brown Rice
Kickin Pinto Beans
Fruit
Milk

24

Chicken Mashed
Potato Bowl
Hamburger on a roll
Spinach
Carrots
Fruit
Milk

25

Beef & Cheese
Nachos
Hamburger on a roll
Green Beans
Corn
Fruit
Milk

26

Popcorn Chicken
Dinner Roll
Hamburger on a roll
Carrots
Spinach
Fruit
Milk

27

Cheese Pizza or
Pepperoni Pizza
Hamburger on a roll
Corn
Cucumber Coins
Fruit
Milk

30

Chicken Nugget
Dinner Roll
Chicken Taco
Green Beans
Carrots
Fruit
Milk

31

Pancakes, Syrup
Sausage Patty
Baked Beans
Carrots
Fruit
Milk

More info: Hummus & Veggie Plate

Salads: Turkey Chef & Greek with Pita Bread

Bagel & Yogurt Lunch, Turkey, Ham &

Cheese Sunbutter & Jelly Sandwiches

More info...

Milk .50 1% , Skim, Low Fat Chocolate

Lunch \$2.75 Reduced .40

Food Service Office 508-234-8163

2

NO SCHOOL
HAPPY NEW YEAR!

3

Hot Dog & Beans
Potato Wedges
Fruit
Milk

4

Orange Chicken
Broccoli
Carrots
Brown Rice
Fruit
Milk

5

Chicken Mashed
Potato Bowl
Corn
Fruit
Milk

6

Cheese or Pepperoni
Pizza
Side Salad
Carrot Sticks
Fruit
Milk

9

Meatball Sub
Green Beans
Carrots
Fruit
Milk

10

Beef Nachos
Black Beans
Corn
Fruit
Milk

11

Popcorn Chicken
Broccoli
Sweet Potato
Fruit
Milk

PROFESSIONAL DAY!

12

Grilled Cheese
Sandwich
Chicken & Veg Soup
Spinach
Fruit
Milk

13

Cheese Pizza or
Hawaiian Pizza
Side Salad
Celery Sticks
Oranges
Milk

16

NO SCHOOL
MARTIN LUTHER
KING, JR. DAY!

17

French Toast
Sausage Patty
Potato Puffs
Baked Beans
Fruit
Milk

18

Pizza Sticks, Sauce
Green Beans
Carrots
Fruit
Milk

19

Crispy Oven
Chicken
Sweet potato
Spinach
Dinner Roll
Fruit
Milk

Cheese or Meatball
Pizza
Side Salad
Carrot Sticks
Pears
Milk

23

Spicy Chicken
Mashed Potato Bowl
Peas
Fruit
Milk

24

Pancakes, Syrup
Scrambled Egg
Potato Puffs
Corn
Fruit
Milk

25

Bacon & Cheese Burger
Baked Beans
Carrots
Fruit
Milk

26

Chicken Patty
Lettuce Tomato
Corn
Sweet Potato Bites
Fruit
Milk

Cheese or Pepper
And Onion Pizza
Side Salad
Carrot Sticks
Mixed Fruit
Milk

30

Cheeseburger
Peas
Carrots
Fruit
Milk

31

Beef Tacos, Toppings
Brown Rice
Refried Beans
Corn
Fruit
Milk

FUEL PROMOTION:

Spicy Popcorn Chicken Bowl & Chili Garlic
Popcorn Chicken Bowl
Lunch \$2.75 Reduced Lunch .40 Milk .40
Food Service Office 508-234-8163

Deli & Salad Bar Available Daily
Grill: Chicken Patty & Nuggets, Nachos,
Hot Dog, Pizza, Burgers, French Fries
Yogurt , Fresh Fruit, Hummus & Veggies



Northbridge Elementary School

January 2017

2

NO SCHOOL

3

Meatball Melt
Chicken Nuggets, Roll
Steamed Carrots
Green Beans
Fruit
Milk

4

Grilled Cheese
Tomato Soup
Chicken Nuggets, Roll
Bean Salad
Squash
Fruit
Milk

5

Pancakes, Syrup
Sausage Patty
Chicken Nuggets, Roll
Baked Beans
Corn
Fruit
Milk

6

Cheese Pizza or
Pepperoni Pizza
Chicken Nuggets, Roll
Cucumber Slices
Carrots
Fruit
Milk

9

Pizza Sticks, Sauce
Chicken Fajita
Sliced Carrots
Peas
Fruit
Milk

10

Hot Dog & Beans
Chicken Fajita
Corn
Fruit
Milk

11

Cheeseburger
Chicken Fajita
Broccoli
Sweet Potato
Fruit
Milk

PROFESIONAL
DEVELOPMENT DAY

12

Pasta, Meat Sauce
Dinner Roll
Chicken Fajita
Green Beans
Steamed Carrots
Fruit
Milk

13

Cheese Pizza or
Pepperoni Pizza
Chicken Fajita
Celery Sticks
Side Salad
Fruit
Milk

16

NO SCHOOL

Martin Luther King, Jr
Day!

17

Chicken Patty on Roll
Beef Tacos
Campfire Beans
Green Beans
Fruit
Milk

18

French Toast Sticks
Sausage Patty
Beef Tacos
Sweet Potato
Peas
Fruit
Milk

19

Chicken & Cheese
Nachos
Beef Tacos
Black beans
Corn
Fruit
Milk

20

Cheese Pizza or
Pepperoni Pizza
Beef Tacos
Carrot Sticks
Side Salad
Fruit
Milk

23

Chicken Fajita
Peppers & Onions
Hamburger on Roll
Brown Rice
Kickin Pinto Beans
Fruit
Milk

24

Chicken Mashed
Potato Bowl
Hamburger on a roll
Spinach
Carrots
Fruit
Milk

25

Beef & Cheese
Nachos
Hamburger on a roll
Green Beans
Corn
Fruit
Milk

26

Popcorn Chicken
Dinner Roll
Hamburger on a roll
Carrots
Spinach
Fruit
Milk

27

Cheese Pizza or
Pepperoni Pizza
Hamburger on a roll
Corn
Cucumber Coins
Fruit
Milk

30

Chicken Nugget
Dinner Roll
Chicken Taco
Green Beans
Carrots
Fruit
Milk

31

Pancakes, Syrup
Sausage Patty
Baked Beans
Carrots
Fruit
Milk

More info: Hummus & Veggie Plate
Salads: Turkey Chef & Greek with Pita Bread
Bagel & Yogurt Lunch, Turkey, Ham &
Cheese Sunbutter & Jelly Sandwiches

More info...
Milk .50 1%, Skim, Low Fat Chocolate
Lunch \$2.75 Reduced .40
Food Service Office 508-234-8163



NORTHBRIDGE HIGH SCHOOL

JANUARY 2017

2

NO SCHOOL
HAPPY NEW YEAR!

3

Meatball Melt
Green Beans
Carrots
Fruit
Milk

4

Buffalo Chicken Wrap
Pasta Salad
Corn
Fruit
Milk

5

Chicken Parm Sub
Sweet Potato
Spinach
Fruit
Milk

6

Homemade Cheese
Pizza or Bacon Pizza
Side Salad
Carrot Sticks
Fruit
Milk

9

Chicken Fajita
Peppers & Onions
Black Beans
Brown Rice
Fruit
Milk

10

Meatloaf, Gravy
Mashed Potato
Carrots
Fruit
Milk

11

Build a Burger
Sweet Potato
Green Beans
Fruit
Milk

PROFESSIONAL DAY

12

Pasta, Meat Sauce
Green Beans
Carrots
Dinner Roll
Fruit
Milk

13

Homemade Cheese
Pizza or Sausage
Side Salad
Celery Sticks
Fruit
Milk

16

MARTIN LUTHER
KING, JR. DAY

NO SCHOOL

17

Sloppy Joe Sandwich
Sweet Potato
Spinach
Fruit
Milk

18

Chicken & Cheese
Nachos
Refried Beans
Corn
Fruit
Milk

19

Stuffed Shells,
Meatballs
Green Beans
Broccoli
Dinner Roll
Fruit
Milk

20

Homemade Cheese
Pizza or Buffalo Pizza
Side Salad
Cucumber Coins
Fruit
Milk

23

Pizza Sticks, sauce
Spinach
Carrots
Fruit
Milk

24

Beef Tacos
Pinto Beans
Corn
Fruit
Milk

25

Pulled Pork Sandwich
Spinach
Carrots
Fruit
Milk

26

Orange Chicken
Broccoli
Brown Rice
Egg Roll
Fruit
Milk

27

Homemade Cheese
Pizza or Pepperoni
Side Salad
Carrot Sticks
Fruit
Milk

Spicy Chicken Wrap
Spinach
Carrots
Fruit
Milk

31

Cheese Quesadilla
Corn
Refried Beans
Fruit
Milk

More info:

Fuel Promotion January 9th-20th
Spicy Popcorn Chicken Bowl
Chili Garlic Popcorn
Food Service Office 508-234-8163
Lunch \$2.75 reduced .40 Milk .50

More info: Deli & Salad Bar

Grill: Burgers, Chicken Patty, BBQ Rib,
Corn Dog, Pizza, Fries Available Daily
Hummus/Veggies, Yogurt Parfaits, Yogurt,
Fresh Fruit