

30

side items

31

side items

1

- French Toast Sticks w/ Sausages
- Grilled Cheese
- Chef Salad w/ W/W Pita
- W/W Bagel and Yogurt Grab and Go

- Potato Puffs
- Fresh Fruit

side items

2

- Turkey Bacon Roll Up
- Grilled Cheese
- Chef Salad w/ W/W Pita
- W/W Bagel and Yogurt Grab and Go

- Lettuce and Tomatoes
- Fresh Fruit

side items

3

- Stuffed Crust Pizza, Side Salad
- Chicken Patty W/W Roll
- Chef Salad w/ W/W Pita
- W/W Bagel and Yogurt Grab and Go

- Fresh Fruit
- Cookie

side items

6

- Meatball Parmesan on W/W Roll
- Pizza
- Chef Salad w/ W/W Pita
- W/W Bagel and Yogurt Grab and Go

- Mixed Vegetables
- Fresh Fruit

side items

7

- Stuffed Crust Pizza, Side Salad
- Pizza
- Chef Salad w/ W/W Pita
- W/W Bagel and Yogurt Grab and Go

- Baby Carrots
- Fresh Fruit

side items

8

EARLY RELEASE, NO LUNCH

side items

9

- Cheesy Mac N Cheese
- Pizza
- Chef Salad w/ W/W Pita
- W/W Bagel and Yogurt Grab and Go

- Broccoli
- Fresh Fruit

side items

10

- Stuffed Crust Pizza, Side Salad
- Chicken Patty W/W Roll
- W/W Bagel and Yogurt
- Chef Salad with W/W Pita

- Fresh Fruit
- Cookie

side items

13

- Beef Nachos
- Hot Dogs
- Fresh Salsa
- Fresh Fruit

side items

14

- Stuffed Crust Pizza, Side Salad
- Grilled Cheese Sandwich
- Chef Salad w/ W/W Pita
- W/W Bagel and Yogurt Grab and Go

- Fresh Fruit
- Cookie

side items

15

- Chicken Jambalaya
- Hot Dogs
- W/W Bagel and Yogurt
- Chef Salad w/ W/W Pita

- Celery Sticks
- Fresh Fruit

side items

16

- Build Your Own Burger on W/W Roll
- Hot Dogs
- Chef Salad w/ W/W Pita
- W/W Bagel and Yogurt Grab and Go

- Vegetables for Burgers
- Fresh Fruit

side items

17

- Stuffed Crust Pizza, Side Salad
- Chicken Patty W/W Roll
- Chef Salad w/ W/W Pita
- W/W Bagel and Yogurt Grab and Go

- Fresh Fruit
- Cookie

side items

20

NO SCHOOL

side items

21

NO SCHOOL

side items

22

NO SCHOOL

side items

23

NO SCHOOL

side items

24

NO SCHOOL

side items

27

- Meatball Sub
- Grilled Ham and Cheese
- W/W Bagel and Yogurt
- W/W Bagel and Yogurt Grab and Go

- Assorted Vegetables
- Fresh Fruit

side items

28

- Stuffed Crust Pizza, Side Salad
- Chicken Patty
- Chef Salad w/ W/W Pita
- W/W Bagel and Yogurt Grab and Go

- Fresh Fruit
- Cookie

side items

29

- Taco Salad
- Grilled Ham and Cheese
- Chef Salad w/ W/W Pita
- W/W Bagel and Yogurt Grab and Go

- Vegetables for Tacos
- Fresh Fruit

side items

1

side items

2

side items



We offer 4 entrees daily. Each meal includes fat free milk. www.nps.org to prepay for your meals. Meals are subject to change.

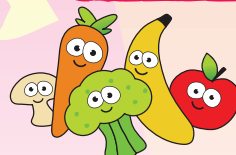
Made with Healthy Whole Grains

Eat Well Selection™ Lower Fat, Lower Sodium

Nutritional Messages may vary by school.

Vegetarian Ovo-Lacto Vegetarian, may contain Egg & Milk

Local ingredients are always used when in season



ALL MEALS INCLUDE:

Variety of fresh vegetables



Variety of Fresh
Whole Grain Breads



Fat Free Milks