

30

side items

31

side items

1

- 🍌 Spicy Cajun Chicken Wrap
- 🍝 Homemade Pasta Salad
- 🥬 Lettuce and Tomatoes
- 🍎 Fresh Fruit

side items

2

- 🌮 Beef Tacos
- 🍚 Spanish Rice
- 🌽 Corn on the Cobb
- 🍎 Fresh Fruit

Homemade Apple Crisp

3

- 🍕 Homemade Pizza
- 🥗 Garden Salad
- 🍎 Fresh Fruit
- 🍪 Cookie

side items

6

- 🍖 Rib B Que on W/W Roll
- 🍟 Potato Puffs
- 🥬 Steamed Green Beans
- 🍎 Fresh Fruit

side items

7

- 🍝 Homemade Lasagna
- 🥗 Salad
- 🥬 Steamed Veggies
- 🍞 W/W Dinner Roll

Homemade Blueberry Crisp

8

EARLY RELEASE, NO LUNCH

side items

9

- 🍗 Chicken Fajitas
- 🍚 Mexican Rice
- 🌽 Corn on the Cobb
- 🍎 Fresh Fruit

side items

10

- 🍕 Homemade Pizza
- 🥗 Garden Salad
- 🍎 Fresh Fruit
- 🍪 Cookie

side items

13

- 🍗 Chicken or Cheese Quesadillas
- 🍟 Potato Wedges
- 🥬 Steamed Vegetables
- 🍎 Fresh Fruit

side items

14

- 🌮 Beef Tacos
- 🍚 Mexican Rice
- 🌽 Corn
- 🍎 Fresh Fruit

side items

15

- 🍝 Pasta your Way
- 🥗 Salad
- 🍎 Fresh Fruit
- 🍎 Fresh Fruit

Homemade Spice Cake

16

- 🍔 Build Your Own Burger on W/W Roll
- 🍟 Potato Puffs
- 🥬 Vegetables for Burgers
- 🍎 Fresh Fruit

side items

17

- 🍕 Homemade Pizza
- 🥗 Garden Salad
- 🍎 Fresh Fruit
- 🍪 Cookie

side items

20

NO SCHOOL

side items

21

NO SCHOOL

side items

22

NO SCHOOL

side items

23

NO SCHOOL

side items

24

NO SCHOOL

side items

27

- 🍔 Meatball Parmesan Sub
- 🍟 Potato Wedges
- 🥬 Steamed Vegetables
- 🍎 Fresh Fruit

side items

28

- 🍝 Baked Mac N Cheese
- 🥗 Salad
- 🍞 W/W Dinner Roll
- 🍎 Fresh Fruit

Homemade Spice Cake

29

- 🍗 Spicy Chicken Wrap
- 🍟 Potato Puffs
- 🥬 Lettuce and Tomatoes
- 🍎 Fresh Fruit

side items

1

side items

2

side items

Served Daily: Chicken Patty, burgers, Chicken Parm, Steak and Cheese, Assorted Salads and Sandwiches.

Made with Healthy Whole Grains
Eat Well Selection™
 Lower Fat, Lower Sodium
Entrées with less than 300 calories

Ovo-Lacto Vegetarian, may contain Egg & Milk
Local ingredients are always used when in season

Nutritional Messages may vary by school.

All Meals include:



Veggie of the Day
 Fresh Fruit

Whole Grain Breads



Fat Free Milks