

30

side items

31

side items

1

- Chicken Fajitas
- Mexican Rice
- Mixed Vegetables for the Fajitas
- Fresh Fruit

■ Jello

side items

2

- Build a Burger on W/W Roll
- Curly Fries
- Vegetable Toppings for Burgers
- Homemade Apple Crisp

side items

3

- Homemade Pizza
- Garden Salad
- Fresh Fruit
- Cookie

side items

6

- French Toast w/ Sausage
- Baked Potato Wedges
- Baby Carrots
- Fresh Fruit

side items

7

- Rib B Que on W/W Roll
- Potato Puffs
- Corn on the Cob
- Fresh Fruit

■ Brownies

side items

8

EARLY RELEASE, NO LUNCH

side items

9

- Spicy Cajun Chicken Wrap
- Homemade Macaroni Salad
- Lettuce and Tomatoes
- Fresh Fruit

■ Homemade Spice Cake

side items

10

- Homemade Pizza
- Garden Salad
- Fresh Fruit
- Cookie

side items

13

- Ham, Egg, Cheese on a W/W Bagel
- Potato Puffs
- Baby Carrots
- Fresh Fruit

side items

14

- Beef Tacos
- Spanish Rice
- Vegetables for Tacos
- Corn

■ Fresh Fruit

side items

15

- Hot Dogs on W/W Roll
- Beans
- Corn on the Cobb
- Fresh Fruit

side items

16

- Turkey Bacon Roll Up
- Homemade Pasta Salad
- Lettuce and Tomatoes
- Homemade Blueberry Crisp

side items

17

- Homemade Pizza
- Garden Salad
- Fresh Fruit
- Cookie

side items

20

NO SCHOOL

side items

21

NO SCHOOL

side items

22

NO SCHOOL

side items

23

NO SCHOOL

■ Fortune Cookies

side items

24

NO SCHOOL

side items

27

- Meatball Parmesan Sub
- Potato Wedges
- Steamed Green Beans
- Fresh Fruit

side items

28

- Chili w/ Tortilla Chips
- Homemade Corn Bread
- Baby Carrots
- Fresh Fruit

■ Fresh Fruit

side items

29

- Turkey w/ Gravy
- Mashed Potatoes
- Steamed Vegetables
- Fresh Fruit

■ Spice Cake

side items

1

side items

2

side items

Served Daily: Garden and Chef Salads, Assorted Pizza, Deli Sandwiches, Burgers, Chicken Patty, Spicy Chicken Sandwich.

 Made with Healthy Whole Grains

 Eat Well Selection™ Lower Fat, Lower Sodium

Nutritional Messages may vary by school.

 Ovo-Lacto Vegetarian, may contain Egg & Milk

 Local ingredients are always used when in season



ALL MEALS INCLUDE:
Vegetable of the Day

Fresh Fruit
Whole Grain Bread



Fat Free Milks